

# Are you pregnant or been pregnant in the last year?



You can be covered for up to a year after the pregnancy ends.

## ■ Medi-Cal members can get full coverage for one year after pregnancy.

- Coverage includes all medically necessary services, including:
  - Birthing care, contraception, and other related medically necessary care
  - Mental health and substance use disorder treatment
  - Vision (eyeglasses)
  - Dental
  - Hospital care and doctors appointments
  - Prescriptions and more.



All Medi-Cal members are eligible for full coverage for one year after a pregnancy ends. People who were pregnant at any time during the 12 months before they lost Medi-Cal can contact their local Medi-Cal office about resuming coverage.

Immigration status and the result of the pregnancy do not affect eligibility.

## ■ To get covered, tell your local Medi-Cal office if you are pregnant or were pregnant in the last year.

You can report your birth of a baby or other end of pregnancy:



**ONLINE** - Log in or create an account with [BenefitsCal.com](https://www.benefitscal.com).



**BY MAIL**



**OVER THE PHONE**



**IN-PERSON** - Go to your local Medi-Cal office.

## HELP IS AVAILABLE

Health Enrollment Navigators can provide in-person help.



For more information, visit [Medi-Cal.dhcs.ca.gov](https://www.Medi-Cal.dhcs.ca.gov)



**Medi-Cal**

**Call the Aliados Health Benefits Helpline to receive Medi-Cal assistance in your County.**

**707-789-7308**

[www.aliadoshealth.org/enrollment/](https://www.aliadoshealth.org/enrollment/)



**Aliados Health**

Partners In Community Health