



# Women, Infants, & Children Program (WIC)

WIC provides nutrition education, access to healthy food, breastfeeding support, and connections to other necessary resources for low-income pregnant people, mothers who had a recent birth, and families with children up to 5 years of age. Visit the Solano County WIC page listed to the left to learn more.



# Food is Free Bay Area (FIFBA)

Food is Free Bay Area is an organization that works to eliminate food insecurity. FIFBA has various programs such as food pantries, direct distribution, Park-It-Markets, Neighborhood Pantry Program, Solano Gleaning Initiative, MTM meals, and Food Rescue.



# Food Bank of Contra Costa & Solano (FBCCS)

The Food Bank of Contra Costa and Solano provides free food to the community through various programs and services. Programs include a college pantry program, community produce program, disaster relief program, senior food program, and additional programs supporting Solano and Contra County residents.

### **Food Distribution Sites**

There are numerous food pantries across Solano County that provide free food and groceries to families and individuals who need the support. Although some pantries have a registration system, their services are free and for all who need it. To access a full list of pantries in your area, visit the Food Bank of Contra Costa & Solano distribution site tool. Scan the QR code to the right to open the tool.



## **Contact and Locations**

Partners In Community Health

### **WIC**

2101 Courage Drive
Fairfield, CA 94533
Mon-Fri: 8:00 AM - 5:00 PM
(707) 784-2200
<a href="https://www.solanocounty.com/depts/ph/nsp/wic/default.asp">https://www.solanocounty.com/depts/ph/nsp/wic/default.asp</a>

#### **FIFBA**

Visit website to see all distribution locations, time, and calendar. (707) 690-0945 <a href="https://fifbayarea.org/">https://fifbayarea.org/</a>

#### **FBCCS**

2370 N Watney Way Fairfield, CA 94533 Mon-Fri: 8:00 AM - 4:30 PM (707) 421-9777 www.foodbankccs.org

## **Distribution Sites**



www.foodbankccs.org

11/08/2024



