



# Food Program Resources

Contra Costa County



## Women, Infants, & Children Program (WIC)

WIC provides nutrition education, access to healthy food, breastfeeding support, and connections to other necessary resources for low-income pregnant people, mothers who had a recent birth, and families with children up to 5 years of age. Visit the Contra Costa County WIC page listed to the right to learn more.



## Loaves and Fishes of Contra Costa

The mission of Loaves and Fishes of Contra Costa is to provide community-based food programs and partner services that focus on basics needs. They serve meals to the community of Contra Costa County. Food pantries are located at dining room site.



## Food Bank of Contra Costa & Solano

The Food Bank of Contra Costa and Solano provides free food to the community through various programs and services. Programs include a college pantry program, community produce program, disaster relief program, senior food program, and additional programs supporting Solano and Contra County residents.

## Food Distribution Sites

There are numerous food pantries across Contra Costa County that provide free food and groceries to families and individuals who need the support. Although some pantries have a registration system, their services are free and for all who need it. To access a full list of pantries in your area, visit the Food Bank of Contra Costa and Solano distribution site tool. Scan the QR code to the left to open the tool.



# Aliados Health

Partners In Community Health

## Contact and Locations

### WIC

2731 Systron Drive, Suite 200  
Concord, CA 94518

Mon-Fri: 7:30 AM - 4:30 PM  
(925) 655-1700

[www.cchealth.org/services-and-programs/support-for-families/wic](http://www.cchealth.org/services-and-programs/support-for-families/wic)

### LFCC

Various locations in Contra Costa County. Visit website for all locations.

Mon-Fri: 11:00 am-12:45 PM

<https://loavesfishescc.org/>

### FBCCS

4010 Nelson Ave  
Concord, CA 94520

Mon-Fri: 8:00 AM - 4:30 PM  
707-525-7903

<https://www.foodbankccs.org/>

## Distribution Sites



<https://www.foodbankccs.org/>

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Contact us for more  
information



707-789-7308



[www.aliadoshealth.org/enrollment/](http://www.aliadoshealth.org/enrollment/)